The following list of books has been recommended by prostate cancer survivors, caregivers, and health care professionals. We hope that you will find this list to be informative and helpful to you and your personal support team as you battle this disease. The books reflect no preference and many books can be placed within more than one category. Revised – May 2016.

**BOOKS DETAILING THE MEDICAL ASPECTS OF PROSTATE CANCER**

**MEDICAL ASPECTS**

100 Questions and Answers about Prostate Cancer by Pamela Ellsworth, John Heaney, and Cliff Gill, 2014.


Prostate and Cancer, A Family Guide to Diagnosis, Treatment and Survival by Sheldon Marks, MD, 2009.

**VARIOUS MEDICAL OPTIONS AVAILABLE**


Invasion of the Prostate Snatchers: An Essential Guide to Managing Prostate Cancer for Patients and their Families by Ralph Blum & Mark Scholz, M.D., 2011.


**SIDE EFFECTS - INCONTINENCE & IMPOTENCE**


**BOOKS ON NUTRITION, EXERCISE, & LIFESTYLE CHANGES**

Radical Remission: Surviving Cancer Against All Odds by Kelly A. Turner, Ph.D., 2014
Exercises for Cancer Survivors by Carol Michaels, 2014.


Anticancer: A New Way of Life by David Servan-Schreiber, M.D., Ph.D, 2009.

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BOOKS FOR WOMEN AND THE MEN THEY LOVE


How We Survived Prostate Cancer by Victoria Hallerman, 2009.

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BOOKS FOR GAY MEN


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MISCELLANEOUS

Enjoy Every Sandwich: Living Each Day as if it were Your Last by Lee Lipsenthal, M.D., 2011,


Intoxicated by My Illness and Other Writings on Life and Death by Anatole Broyard, 1993.

Man’s Search for Meaning by Viktor E. Frankl, several dates of publication.