



March & April Edition

There is a new support group in formation for men undergoing androgen deprivation therapy, also known as hormone treatments. While the regular support groups throughout the state do an excellent job assisting most men, there are issues facing men on hormone therapy that entail a substantial mix of medicines and side effects that are unique to this group. This effort should be considered a pilot program at this point because while the need these men have has been identified, figuring out how to be of maximum help is still under development. We have some good first ideas but we are looking for men who are in this situation and who would like to contribute to developing something to help themselves and other men who will be following them. Please contact me, TKungel@hughes.net if you are battling metastatic cancer, dealing with hormone treatments and their side effects, or know someone who is. Our meetings are the second Monday of every month. (Please see the details for the 15 March and 19 April meetings in the calendar section.)

We also need your help on a second item. The distribution of this newsletter is being done through all the support group facilitators in the State. We don't currently have one comprehensive email list for reaching you. This is creating two problems. Some prostate cancer patients are being missed and some of you are getting multiple emails. Let me ask a favor, please send me an email message, TKungel@Hughes.net, indicating if you would like to opt-in to receiving this newsletter or if you know someone who might be interested. There are 1,100+ new men diagnosed with prostate cancer every year and we would like to reach more of them.

Maine Coalition to Fight Prostate Cancer
<http://www.mcfpc.org>

The Maine Coalition to Fight Prostate Cancer Board would like this newsletter to serve as a vehicle for recognizing all the great efforts against prostate cancer within the State so please sign-up to receive it. (If you would prefer not to receive it please let me know as well.)

If your support group would like something included in the May-June 2010 Newsletter please send me your propose language before 15 April.

If you have any suggestions for how this newsletter can be most effective for the men and their families in your area please contact me, Terry Kungel, tkungel@hughes.net or by phone, 207-443-4300 and 617-449-8522.

MCFPC In The News

Jon Henry, a Director of the Maine Coalition To Fight Prostate Cancer Board, was featured in both the Kennebec Journal and the Morning Sentinel. He gave a very telling story of how early PSA screening helped save his life.

MCFPC Conference Attendance

One member of the Maine Coalition will be attending the Margaret Q. Landenberger Research Foundation is sponsoring a conference, "Practicing Strategic Philanthropy to Advance Medical Science and Health," 9 March, 2010, Scripps Florida Jupiter Campus.

Three members of the Maine Coalition will be attending the Third Annual W. Bradford Ingalls Memorial Prostate Health & Cancer Seminar, Saturday, 20 March, 2010, Scripps Florida Jupiter Campus.

MCFPC Calendar of Events

3 March

The Bangor Area Prostate Cancer Support Group will be meeting 6:00 p.m. to 7:30 p.m. in the Brown Conference Room, Eastern Maine Medical Center 489 State Street, Bangor, ME 04402. Jon Henry is seeking someone to

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assist him in serving this community.

9 March

The South Portland Area Prostate Cancer Support Group will be meeting 6:30 p.m. to 8:30 p.m. at the Cancer Community Center, 778 Main Street, South Portland, ME 04106.

11 March

The Ellsworth and Hancock County Area Prostate Cancer Support Group will be meeting 5:00 p.m. to 6:30 p.m. at the Beth C. Wright Cancer Resource Center, 3 High Street Ellsworth, ME 04605.

15 March

The ADT Prostate Cancer Support Group will be meeting 6:00 p.m. to 8:00 p.m. at the Cancer Community Center, 778 Main Street, South Portland, ME 04106.

16 March

Brunswick Area Prostate Cancer Support Group will be meeting 6:30 p.m. to 8:30 p.m. at Mid Coast Hospital - Medical Office Building, 123 Medical Center Drive, Brunswick, ME 04011. This meeting features Bob Beane, a retired fireman, who has had battles with ten serious or life threatening health issues. He has been hospitalized 15 times and his prostate cancer is only the latest challenge. Bob has always had the attitude "I can beat this." Bob began a personal journey in 1990 that he will share with everyone at this meeting. The Steering Committee will meet in advance at 5:30 p.m. in The Café at Mid Coast Hospital.

29 March

The Island Falls Area Prostate Cancer Support Group will be meeting 7:00 p.m. at the Fairpoint Communications office, Island Falls, ME.

30 March

The Augusta and Kennebec County Area Prostate Cancer Support Group will be meeting 6:00 p.m. in conference rooms 1, 2, 3, Maine General Medical Center, 6 E. Chestnut Street, Augusta, ME 04330.

31 March

The Lewiston and Androscoggin County Area Prostate Cancer Support Group will be meeting 6:00 p.m. to 7:30 p.m. at Central Maine Medical Center, 12 High Street, Lewiston, ME.

7 April

The Bangor Area Prostate Cancer Support Group will be meeting 6:00 p.m. to 7:30 p.m. in the Brown Conference Room, Eastern Maine Medical Center 489 State Street, Bangor, ME 04402. Jon Henry is seeking someone to assist him in serving this community.

8 April

The Ellsworth and Hancock County Area Prostate Cancer Support Group will be meeting 5:00 p.m. to 6:30 p.m. at the Beth C. Wright Cancer Resource Center, 3 High Street Ellsworth, ME 04605.

13 April

The South Portland Area Prostate Cancer Support Group will be meeting 6:30 p.m. to 8:30 p.m. at the Cancer Community Center, 778 Main Street, South Portland, ME 04106.

19 April

The ADT Prostate Cancer Support Group will be meeting 6:00 p.m. to 8:00 p.m. at the Cancer Community Center, 778 Main Street, South Portland, ME 04106.

20 April

Brunswick Area Prostate Cancer Support Group will be meeting 6:30 p.m. to

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8:30 p.m. at Mid Coast Hospital - Medical Office Building, 123 Medical Center Drive, Brunswick, ME 04011. The discussions at this meeting will focus on planning and executing the special conference scheduled for 15 June that will target newly diagnosed men within a 40 mile radius of Brunswick.

26 April

The Island Falls Area Prostate Cancer Support Group will be meeting 7:00 p.m. at the Fairpoint Communications office, Island Falls, ME.

27 April

The Augusta and Kennebec County Area Prostate Cancer Support Group will be meeting 6:00 p.m. in conference rooms 1, 2, 3, Maine General Medical Center, 6 E. Chestnut Street, Augusta, ME 04330.

28 April

The Lewiston and Androscoggin County Area Prostate Cancer Support Group will be meeting 6:00 p.m. to 7:30 p.m. at Central Maine Medical Center, 12 High Street, Lewiston, ME.

MCFPC Helpline

While we encourage everyone to consider joining a support group, there are some men who are uncomfortable doing this. If you have been newly diagnosed with prostate cancer, are undergoing treatment or have suffered recurrent disease and would like to have a confidential conversation please call Nelson Leavitt, (207) 441-5374. Nelson is the President of MCFPC and he has been instrumental in the founding of MCFPC. He has also developed a network of prostate cancer survivors throughout Maine who have been specially trained to help other men cope with a prostate cancer diagnosis. All conversations are totally private and free.

MCFPC Web Site And Links

There is a wealth of information at www.mcfpc.org , www.ustoo.org and www.prostatecancerfoundation.org. The panel discussion that was shown on many Maine cable channels during September's Prostate Cancer Awareness Month is now available on the www.mcfpc.org site. There is also good coverage of the Speaker's Bureau. If you would like someone to speak to a group about prostate cancer, please contact Sandy Jaeger, (207) 371-2740 or send an email mainenu@gmail.com . There is also a new section exclusively for woman who have partners that have been diagnosed with prostate cancer at www.mcfpc.org . Caregivers also need care and help, and this new addition recognizes this critical need.

A new e-book called, "The African-American Man's Guide to 'Cancer Proof Your Prostate'" is now available. It is based on an award winning DVD documentary on prostate cancer called "The Silent Killer: Prostate Cancer." To order, go to www.prostatecaretoday.com or also try the following URL www.thesilentkillerprostatecancer.com . You can get this free e-book by entering zero in the shopping cart.

MCFPC Financial Support

Your Contributions Make Our Work Possible

Enclosed is my gift of \$_____ payable to the Maine Coalition to Fight Prostate Cancer.

Please mail to: Mr. Ole Jaeger, Treasurer, Maine Coalition to Fight Prostate Cancer, 84 Fairview Avenue, Augusta, ME 04330-5832.

The Maine Coalition to Fight Prostate Cancer is a 501(c) (3) not-for-profit public benefits corporation. For information concerning a deferred payment gift annuity, an IRA gift, a charitable remainder trust, a charitable lead annuity trust, a stock transfer, and estate gifts please call 617-449-8522 or email TKungel@Hughes.net.

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If you would like to help sponsor the Maine Coalition's critical work, or someone who might, please contact Ole Jaeger, (207) 371-2740 or send an email to mainenu@gmail.com .

If there is anything else you would like us to do, let us know. We are here to help. Your comments and suggestions help improve what the Maine Coalition to Fight Prostate does. We can always be reached by email, tkungel@hughes.net or phone, (207) 443-4300. Let us hear from you!